



Cumann Luthchleas Gael

Naomh Jude



Adult Games

Minor Girls Playing for Adult Teams Policy

- All communications regarding Minor Players must be through the respective Minor Manager. There should be no direct contact from an Adult team's management to the Minor Player or their parent/guardian when seeking for the Minor Player to play an adult game.
- Second year Minor Players (preferably single code) can be chosen to play for adult teams to cover absentees. When absolutely necessary they can also be asked to fully integrate into one of our Adult teams through dialect with the Minor Manager, the appropriate Games Coordinator and the Adult Games Chair. However, ultimately the players will have the option to make the final decision.
- There must be at least a 24 hour rest period between games where Minor Players are asked to cover absentees at Adult level. If the rest period is shorter, the covering Minor Player can only play a maximum of one half of the Adult Game.
- Single Code Minor Players can play and train for another Adult Team once it does not interfere with their Minor Team activity, while also being aware of player workload.
- All Minor Players can be considered to play and train with Adult Teams during the minor break between League and Championship and once Minor Championship is complete
- First year minor players can also be considered to play for our adult teams in exceptional circumstances such as:
 - If there is a shortage of players to field a competitive fixture but not on an ongoing basis

- If there is a particular elite player required during the knockout stages of championship for our highest grade adult teams but the 24-hour rest period must also be taken into account

Compliance

All members of the club are expected to adhere to this policy

Review

This policy will be reviewed annually by the club executive to ensure it remains relevant and effective.

