

Naomh Jude Adult Games Physio Appointment Policy – 2025

To support player recovery, Naomh Jude GAA will subsidise physiotherapy expenses under the following conditions:

Eligibility

- The injury **must** have occurred during an official Naomh Jude match or training session
- The player must be a fully paid-up member of the club

Subsidy Details

- The club will contribute **€20** per physiotherapy session, meaning the player will only be charged **€40** upfront
- A maximum of **3** sessions per injury is allowed

Subsidy Process

1. Lead mentor requests approval from Adult Games Chairperson to avail of subsidy for player in question
2. Adult Games Chairperson either rejects or approves request
3. If the request has been approved, the Adult Games Chairperson will send an approval note to RTP, while the mentor feeds back to the player that approval has been granted, and they can proceed with making an appointment with RTP
4. Appointments can be made through the RTP website:
<https://www.rtp.physio/>
5. Player attends appointment as scheduled and informs RTP that this appointment has been approved by Adult Games
6. Assessment/session is completed, and player pays **€40**
7. RTP to bill Naomh Jude for the balance

Annual Limits

- Each player is eligible for up to **6** subsidised physio sessions per calendar year
- In exceptional cases, the Adult Games Chairperson may authorize additional sessions, subject to policy guidelines

Important Notes

- This policy is valid only for the **2025** calendar year
- The only approved physiotherapy provider under this policy is RTP Physio

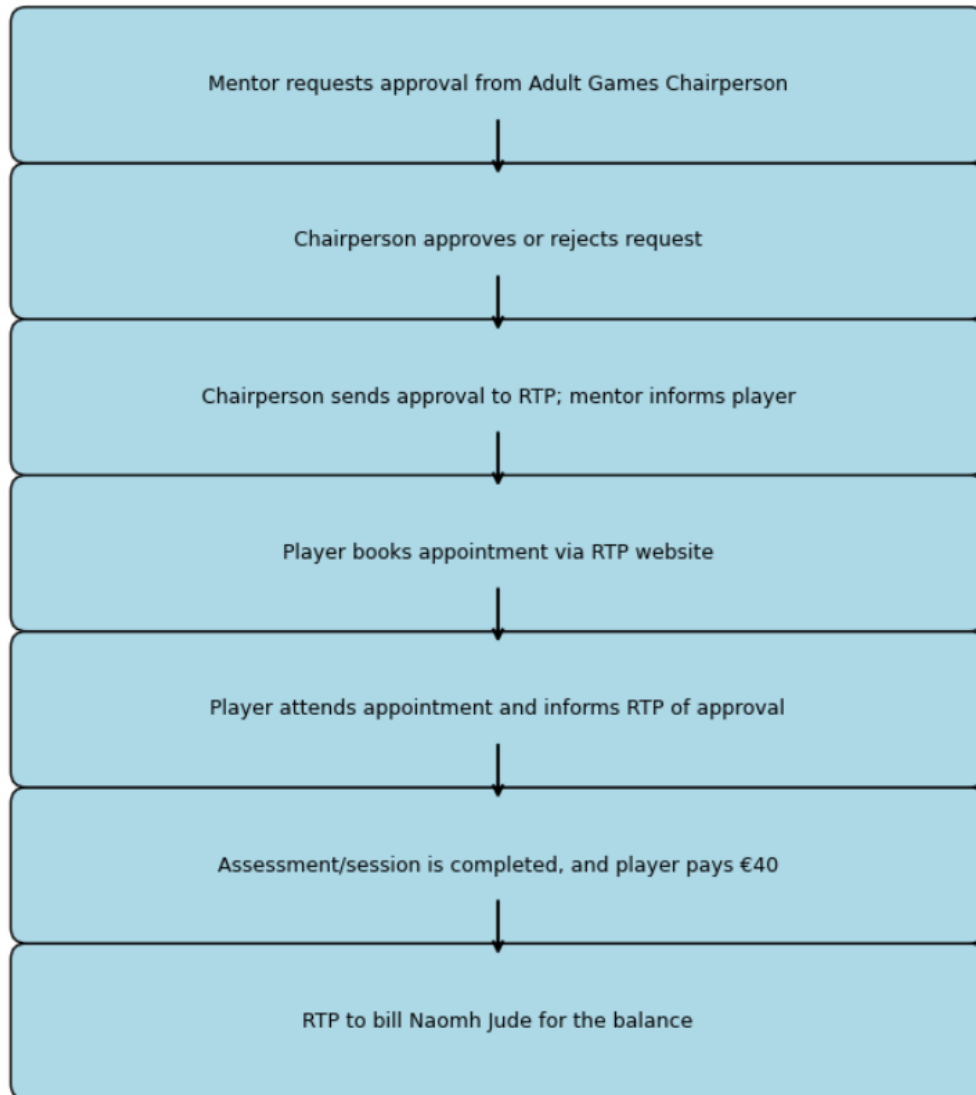


Figure 1: Details the process flow for the subsidy process in a top-to-bottom sequential order